



## **CORINTH AREA BASEBALL**

### **BLASTBALL RULES – Fall 2015**

Blastball field will consist of 1<sup>st</sup> base only...1<sup>st</sup> base will be set at a distance of 50 feet from home plate....1<sup>st</sup> base is equipped with a horn for sound effects upon each batter reaching 1<sup>st</sup> base...batters will hit from a batting tee located at home plate...defensive players will always line up at least 40 feet away from home plate...an arc will be placed approximately 10' from home plate from foul line to foul line to designate a fair ball where the batter shall advance to 1<sup>st</sup> base...each batter returns to the dugout after reaching 1<sup>st</sup> base.

#### **Equipment:**

All players will be furnished a team baseball cap and team t-shirt as part of their registration...the t-shirt or jersey should be worn at all times...gloves are optional and not necessary since the ball is a foam ball...safe for Blastball players to field with or without a glove...CAB will furnish the blast ball equipment (blast balls, foam bat, batting tee, cones for defensive positioning, and an arc for designating a fair ball)

#### **Playing Blastball:**

Games should run approximately 30 minutes...with each team rotating between playing in the field and hitting from the tee...coaches will monitor the defensive-offensive rotations to provide equal # of at-bats for both teams...during the offensive rotation each player from the entire roster will bat which consists of hitting a fair ball and running to 1<sup>st</sup> base...each player returns to the dugout prior to the next batter hitting...the batter and the on deck batter should be the only 2 offensive players out of the dugout...no umpires...no scoring...no safe or out calls...no defensive play at 1<sup>st</sup> base is required...there is no catcher in Blastball...at least two (2) coaches should be on the field with each team at all times...the offensive coaches should include someone at the tee helping with the stance, swing and placing the ball on the tee and someone coaching 1<sup>st</sup> base to help instruct the batters to run to 1<sup>st</sup> base...the defensive coaches should be primarily responsible for making sure all players are approximately 40' feet from home plate when the ball is hit...one defensive coach should be positioned near 1<sup>st</sup> base to make sure no defensive players are on 1<sup>st</sup> base or in the path to 1<sup>st</sup> base.